

University College

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Michael W. Mayfield, Vice Provost for Undergraduate Education

University College at Appalachian State University was founded in 2007 in order to coordinate programs that meet a broad range of needs for 21st-century students as they prepare to live and work in a complex network of local, regional and global communities. We cross many of the boundaries that separate traditional colleges and departments, and we are committed to the idea that a college education should connect what goes on inside and outside the classroom.

University College curricular programs are designed to help students achieve the essential learning outcomes of a liberal education, emphasizing reflective, life-long learning and the transferable skills necessary for navigating today's ever-changing world. Through co-curricular programs, students learn from distinguished authors and speakers, blend their classroom learning with community service, and pursue independent research with faculty mentors.

All students begin their education in University College: both freshmen and transfer students are introduced to the university and given their initial academic guidance through the Office of Advising and Orientation. Throughout their time at Appalachian, students benefit from other support services to improve their writing, work on other academic skills, and take the tests necessary to advance their careers at Appalachian and beyond. University College provides faculty members with innovative teaching opportunities and supports them in developing practices of engaged and successful learning. For more information, please call the University College office at (828) 262-7660 or visit the website at www.universitycollege.appstate.edu.

University College Programs and Services

www.universitycollege.appstate.edu

ACADEMIC SUPPORT SERVICES

- Orientation Programs
- Academic Advising
- Learning Assistance Program
- Testing Services
- University Documentary Film Services
- University Writing Center

CO-CURRICULAR PROGRAMS

- Forum Lecture Series
- Office of Student Research
- Common Reading Program
- Academic Civic Engagement

GENERAL EDUCATION PROGRAM

- General Education
- Writing Across the Curriculum (WAC)
- First Year Seminar

Academic Support Services

Orientation Programs

Orientation helps new students explore Appalachian's academic and social opportunities and make a smooth transition to life on campus. Orientation services for students are provided in the forms of an online orientation course called Early Registration Advising, an academic on-campus orientation program, and a Welcome Weekend program prior to the start of the fall semester. A Parent & Family Orientation program runs concurrently with the new student on-campus academic orientation program.

New Student Orientation & Orientation Welcome Weekend

www.orientation.appstate.edu

Nikki Crees, Director

Orientation is coordinated by University College and emphasizes academic information, placement testing, advice on course scheduling, University policies and procedures, and registration for classes. The program is required for all entering degree-seeking undergraduate students and takes place throughout the summer, at the beginning of each semester, and at the beginning of each summer school session. Orientation should be completed before the first day of classes but **MUST** be completed no later than the end of the specified drop/add period. **New students may not confirm their class schedule without attending Orientation.**

Orientation Welcome Weekend takes place at the beginning of the fall semester for all new undergraduate students. This program focuses on campus engagement, student involvement, and resources for student success. Students also have opportunities to meet professors and to get to know other students.

Parent & Family Orientation

www.parents.appstate.edu

Parent & Family Orientation is coordinated by the Division of Student Development and is held concurrently with the academic new student orientation. This program is designed not only to introduce parents and families to the services and activities available to students, but also to discuss changes parents and families might expect as their daughter, son or family member transitions to college.

Academic Advising

www.advising.appstate.edu

Appalachian views advising students as one of its highest responsibilities and priorities. Academic advising seeks to provide every student with assistance in identifying academic and career interests, developing a realistic and successful academic program, planning an effective career strategy, and addressing personal and social areas of concern. Faculty, administrators, and staff are committed to a comprehensive advising system that addresses students' needs at each stage in their University education.

University College Academic Advising

Lynne Waugh, Director

Don Presnell, Associate Director

University College Academic Advising serves all first-time, degree-seeking, main campus undergraduate students in their first semesters and through major declaration. Professional advisors educate students regarding University requirements and policies. They assist with academic planning, interpreting University policies, and developing academic majors and career strategies. Advising for undeclared freshmen, first semester transfers, students whose GPA is below a 2.0, and undeclared students with 60 or more earned hours is mandatory. The Advising Center is located in 101 D.D. Dougherty Hall, (828) 262-2167.

Advising in the Colleges/School. When students have completed at least 30 semester hours, including credit for RC 1000 or an equivalent course and credit for or current enrollment in UCO 1200 or an equivalent course, and have obtained at least a 2.0 grade-point average, they may declare a major unless additional admissions requirements must be met. In this case, their academic records are forwarded from the University College Academic Advising Office to the appropriate degree-granting college/school (College of Arts and Sciences, Walker College of Business, Reich College of Education, College of Fine and Applied Arts, College of Health Sciences, and Hayes School of Music). In some cases, additional requirements must be met to be formally accepted into a college/school. Personnel are available in the dean's office of each degree-granting college or the School of Music to answer general questions about University graduation requirements, interpret University policy, and review a student's official record.

Advising in the Departments/Programs. Since advising policies vary at the upper division level, students who have declared their majors should contact their major departments/programs for advising information. As the primary source of advising for the major, the departmental/program advisor helps students in developing realistic and successful academic programs, exploring career opportunities, and staying informed about University and departmental policies and activities.

Faculty members maintain weekly office hours for routine conferences with students. Many faculty will be able to answer general questions about University regulations and requirements, but others will refer students to a department, program, or college/school for both general and specialized advising. When students have personal and social problems, faculty members assist if possible and,

if the need is apparent, make necessary referrals to one of the special counseling services on campus.

Advising Responsibilities. In order for academic advising to be constructive and beneficial, it is important that both the student and the advisor recognize respective responsibilities. The advisor is committed and prepared to provide appropriate, accurate, and timely information at every stage of the student's career. The student, on the other hand, must be willing to accept advice, realizing that the ultimate responsibility for understanding University regulations and for meeting graduation requirements resides with the student. Advising is a shared responsibility between the student and the advisor.

Mandatory Major Declaration. Students who are eligible to declare their majors and have junior status, 60 or more earned credit hours and the completion of one semester at Appalachian State University must declare their majors and move from University College Academic Advising to advising within their colleges/school and departments. A registration hold will be placed on the student accounts of those students who do not declare their majors when mandated. While University College academic advisors advise freshman and sophomore students, juniors and seniors are much better served in their specific major departments/programs as they progress toward graduation.

Learning Assistance Program

To be determined, Executive Director

To be determined, Associate Director

www.lap.appstate.edu

The Learning Assistance Program fosters academic achievement by all Appalachian students. The program provides services to students that include tutoring, learning skills courses and consultations. Specific populations of students are provided a comprehensive system of support which include academic advising, counseling, orientation, instruction, and study skills to enable them to be successful in their academic work.

Following are descriptions of the components of the Learning Assistance Program, located on the second floor of D.D. Dougherty Hall. For additional information, call (828) 262-2291.

Academic Services for Student-Athletes (LAP)

Stacy Sears, Director

www.ssa.appstate.edu

Appalachian State University values academic excellence as well as athletic achievement. The student-athlete is provided a comprehensive academic support system through academic advising, counseling, tutoring, assistance with registration, orientation, academic progress reports, and NCAA eligibility checks. A required study hall is provided for some student-athletes. For further information, call (828) 262-2291.

Appalachian Commitment to a College Education for Student Success (ACCESS)(LAP) www.access.appstate.edu

Beth Marsh, Director

The ACCESS program offers low-income students from North Carolina a four-year university education at Appalachian State University debt-free. Specifically, the ACCESS program supplements federal financial aid grants, state financial aid grants and scholarships, and other forms of financial assistance with sufficient funds to cover the cost of institutional charges (tuition, fees, room, board) and health insurance costs.

To be eligible for the ACCESS program, a student must enter Appalachian as a first-time freshman on the main campus, attend full-time, be a resident of North Carolina, make satisfactory academic progress (as defined by federal regulations), and be from a family with an income at or below the Federal Poverty Level (indexed by family size). In addition to financial assistance, ACCESS students receive a comprehensive program of academic support which includes long-term academic advising, mentors, tutoring, early registration assistance, academic progress reports, career development, and financial planning.

Academic Strategy Instruction (LAP)

Cama Duke, Director

Heather Lippard, Assistant Director

www.lss.appstate.edu

Students can sign up for individual appointments with a learning skills specialist to discuss strategies such as note-taking methods, time management, effective reading and study methods, test-taking skills, test anxiety, organization, and study tips for standardized test preparation.

Academic Strategy Instruction offers a variety of, one credit-hour elective courses in time management, study skills, power reading, and research strategies. Each course is designed to give students the opportunity to identify, practice and reflect on strategies for academic achievement. Workshops can be arranged upon request. For more information, call (828) 262-3044.

As-U-R

Jamie Inlow, Director

www.collegestar.appstate.edu/students

As-U-R is the student centered initiative of College STAR (Supporting Transition, Access, and Retention: A UNC System Project Supporting Students with Learning Differences). As-U-R is a student support program focused on supporting students with executive function challenges (EFCs). Skills related to academic success, such as organization, planning and setting priorities, getting starting and completing tasks, monitoring progress on tasks, and decision-making are referred to as executive function skills. Executive function challenges are defined as chronic difficulties in organizing, planning, and carrying out tasks and can make success in college-level academics much more difficult. Some college students with EFCs may have previously been assessed for or even diagnosed with ADHD or a learning disability, but others may not, despite struggling with such tasks. As-U-R offers intensive accountability, peer mentoring/tutoring, drop-in assistance, quiet study rooms in Edwin Duncan Hall, and access to assistive technology.

Student Support Services (LAP)

Cathia Silver, Director

Christine Davé, Assistant Director

www.sss.appstate.edu

Funded and supported by the U.S. Department of Education and Appalachian State University, Student Support Services is designed to assist students enrolled at Appalachian who have potential for success in college but who may experience some academic difficulties. Students selected for the program must be in need of financial assistance and/or be a first generation college student (neither parent has a bachelor's degree). The program offers academic advising, personal, career, and financial counseling, tutoring, a learning community, a mentor program, learning skills courses, cultural activities, and a scholarship program. For more information, please call (828) 262-2291.

University Tutorial Services/LEAD Tutoring (LAP)

Jessica Lorello, Director

www.tutoring.appstate.edu or www.si.appstate.edu

University Tutorial Services assists students who want to improve their chances of success in their coursework and/or who benefit from discussing course content with peer tutors. The program provides free tutorial assistance in most courses through small group tutoring. Students may sign up for tutoring appointments on Monday through Thursday from 9 AM–7 PM and on Friday from 9 AM–3 PM by going in person to Room 208 of D.D. Dougherty Hall, (828) 262-3060.

LEAD Tutoring is designed to help students master course concepts and increase competency in reading, reasoning and study skills. Successful role models such as upperclass students serve as LEAD tutors and attend course lectures, take notes, and complete assigned readings in order to lead weekly review sessions for students enrolled in these courses. For more information, please call (828) 262-3060.

Testing Services

Merrill G. Hibbs, Director (Computer Based Testing Center)

Ed Williamson, Manager

www.testing.appstate.edu

The Office of Testing Services provides a Computer Based Testing Center for students to take national entrance/certification exams. Students can test at their own convenience at one of the twelve computer stations located in John E. Thomas Hall.

A list of tests/examinations offered include the GRE General Test (Graduate Record Examination), GMAT (Graduate Management Admission Test), PRAXIS (national teacher exam), TOEFL (Test of English as a Foreign Language), the MAT (Miller Analogies Test), MCAT (Medical College Admission Test), CLEP tests (College Level Examination Program), and other national examinations, charging fees, when applicable, in accordance with the schedule of fees maintained in the Testing Center. A variety of different certifying exams are also administered through a contract with the Pearson VUE testing company.

In addition to computer-based tests, paper and pencil tests are administered on national test dates throughout the year, usually on Saturdays. They include: PRAXIS, LSAT (Law School Admissions Test), GRE Subject Tests, and NCE (National Counselors Exam).

Testing Services also coordinates placement testing for incoming freshmen and transfers and distance education testing for ASU students enrolled in off-campus coursework. All requests for accommodated testing must be approved through the Office of Disability Services prior to test administration for these tests. For more information, please contact the Office of Testing Services at (828) 262-6801.

University Documentary Film Services

Beth Davison, Co-Director

Tom Hansell, Co-Director

www.doc.appstate.edu

The University Documentary Film Services program teaches, engages in, and presents documentary work grounded in collaborative local and global partnerships that use photography, film/video, audio, and narrative writing to capture and convey memory, life, research, theory, and culture.

University Documentary Film Services:

- Coordinates existing documentary film efforts and resources on campus.
- Provides information and support for producing documentaries.
- Offers classroom instruction and workshops about basic documentary skills.
- Archives and disseminates campus documentary projects.

The University Documentary Film Services office is located in Room 228 of Chapell Wilson Hall.

For more information, please call (828) 262-7715 or (828) 262-6397.

University Writing Center

Elizabeth Carroll, Director

Amy Hansen, Assistant Director

www.writingcenter.appstate.edu

The University Writing Center offers free one-to-one conferences with Appalachian students working on any type of writing project: papers for academic courses, thesis chapters, statements for graduate school applications, and creative writing projects. Consultants work with writers at any stage of the writing process, from inventing topics and revising drafts to editing at the sentence level.

The University Writing Center is located in Room 008 of Belk Library and Information Commons.

For more information or to make an appointment, call (828) 262-3144.

Co-Curricular Programs

Forum Lecture Series

www.universityforum.appstate.edu

The University Forum Lecture Series brings distinguished speakers to campus to promote the exchange of ideas. Always challenging, sometimes controversial, the speakers enliven campus dialogue. They bring awareness to issues of concern in society and help students think critically about those issues.

For more information, please contact Dr. Mike Mayfield at (828) 262-7660.

Office of Student Research

www.osr.appstate.edu

Alan C. Utter, Director

Rebecca Battista, Interim Assistant Director

The Office of Student Research (OSR) works to promote and support research and creative activity of undergraduate and graduate students, particularly activities conducted in collaboration with members of the faculty at Appalachian State University. The primary functions of the OSR are: advocacy for student-faculty research; identifying and pursuing sources of external and internal support for that research; seeking, collecting and disseminating information regarding student-faculty research opportunities; cooperating with other campus units to identify or create research opportunities; coordinating the university's annual Celebration of Student Research and Creative Endeavors; contributing to the UNC-General Administration Undergraduate Research Consortium; and participating in national dialogues/meetings devoted to promoting student research.

For more information, please contact the Office of Student Research at (828) 262-7655, Suite 251, Plemmons Student Union.

Common Reading Program

www.commonreading.appstate.edu

Colin Ramsey, Director

The Common Reading Program plays an integral part in new students' orientation: Common Reading provides a common intellectual experience; an invitation to join an academic community of students, faculty, and staff; and an introduction to collegiate life. Students receive the book chosen and supplementary materials when they attend Summer Orientation. They should read the book before returning to campus for the Welcome Weekend in August. At that time, students participate in a book discussion led by a faculty or staff member that mirrors discussion in University classroom settings. In addition, Appalachian integrates the book and its themes into students' classes and other activities throughout the year, notably the fall Convocation, at which the book's author speaks. The Common Reading selection book is also required reading for the First Year Seminar.

For more information, please contact Dr. Colin T. Ramsey at (828) 262-7390 or ramseyct@appstate.edu.

Academic Civic Engagement

www.engagement.appstate.edu

Service-learning links the educational goals of a course to relevant civic engagement activities, and includes structured, critical reflection within the classroom – thereby increasing students’ understanding of both course content and its impact on communities. Community-based research is a collaborative, change-oriented, method of engagement which finds its questions within the needs of the community. This dynamic research model combines classroom learning with social action in ways that ultimately empower communities to address their own challenges and shape their own futures. For more information, please stop by the ACT Community Outreach Center in Room 134 of the Plemmons Student Union or visit the Civic Engagement website at www.engagement.appstate.edu.

The program of study is available at: www.programsofstudy.appstate.edu/civic-engagement-certificate-613a-2016-2017

For more information, please contact the Director of Academic Civic Engagement at (828) 262-8211.

Civic Engagement- Undergraduate Certificate (613A/33.0104)

Appalachian State University encourages students to look beyond the boundaries of the classroom through a variety of civic engagement opportunities. The Civic Engagement Program honors students who have participated in a significant number of service-learning courses throughout their collegiate career and have distinguished themselves by demonstrating an outstanding level of commitment to civic leadership and social responsibility.

Requirements: Students must

- Meet all requirements for graduation with a 3.0 GPA or higher.
- Complete at least 4 ACT-sponsored service-learning and/or community-based research courses (12 credit hours). Not all courses must be related to their chosen major or minor.
- Compile a portfolio of assignments done in service-learning courses, as well as final reflections from those courses.
- Participate in one of the following service-learning capstone projects in their final year at Appalachian State University:
 - Take the Public Service Research Program course, or independent study, to complete a community-based research project that includes field work, a written report, and an action plan.
 - Participate in a long-term International Service-Learning experience, of at least 3 credit-hours and/or 6-8 weeks in length. Students will be required to write a final paper reflecting on their experience and addressing how future students may contribute to that community based on its needs, population, and the agency with which they worked.

Students should consult with their major advisor and with the ACT office on ways in which the service-learning capstone project may be integrated into the capstone required for their major.

How Students Will Apply: Students must

- contact Appalachian & the Community Together (ACT) no later than the beginning of the fall semester of senior year to inform them of their intention to graduate as a Civic Engagement Scholar.
- Choose a service-learning capstone project and meet with ACT staff by the beginning of the fall semester of their senior year to ensure that the project meets the requirements.
- Turn in service-learning portfolio by the middle of the final semester of their senior year. This portfolio will be read by a team of faculty, staff, students, and community partners.

All Civic Engagement recipients will be recognized with:

- certificate at the ACT Celebration in April
- designated stole at commencement
- note on your academic transcripts

For more information and for details on how to apply, visit: www.act.appstate.edu/civic-engagement.

General Education Program

Michael Krenn, Director
Kristin M. Hyle, Assistant Director

www.generaleducation.appstate.edu

A degree from Appalachian State University begins with the General Education Program. Its interdisciplinary curriculum provides a challenging liberal education through which students learn to adapt to new environments, integrate knowledge from diverse sources, and continue learning throughout their lives. The General Education Program draws on nationally identified best educational practices, as well as what employers demand from today's graduates.

The General Education Program has four goals for students: thinking critically and creatively, communicating effectively, making local to global connections, and understanding responsibilities of community membership.

The General Education Program accounts for 44 semester hours of a student's degree program. A total of 17 semester hours come from the program's Integrative Learning Experience and Science Inquiry - with multi-disciplinary themes from which students select their courses. An additional 12 hours come from the Liberal Studies Experience.

The program also includes writing courses at the freshman, sophomore, and junior level; quantitative literacy courses to develop reasoning and numerical skills; and a wellness literacy requirement to enhance students' knowledge and management of their personal health in all its dimensions. The General Education Program culminates with a capstone experience in the student's major.

Writing Across the Curriculum (WAC)

Georgia B. Rhoades, Director

www.wac.appstate.edu

The Writing Across the Curriculum Program (WAC) works closely with General Education, the University Writing Center, the Composition Program in English, and faculty in the disciplines (WID) to support faculty development in the teaching of the vertical writing model and assessment of writing. WAC consultants offer individual, group, and program workshops in writing pedagogy and have worked with faculty in all programs in the university. WAC sponsors workshops in the teaching of writing and offers opportunities for conversations between faculty in first-year writing and the disciplines as well as course-specific faculty development for RC 2001, Introduction to Writing Across the Curriculum. WAC is in its 5th year of sponsoring Writing Across Institutions, a conference on writing pedagogy for community college faculty.

First Year Seminar

Martha McCaughey, Faculty Coordinator

www.firstyearseminar.appstate.edu

First Year Seminar is a first year course in the General Education Program. Required of all new students, these seminars help students integrate knowledge and bridge concepts across academic disciplines through an interdisciplinary approach. These small classes are taught by experienced faculty who are committed to helping new students successfully transition to a four year university by developing creative and critical thinking abilities, cultivating effective communication skills, and introducing students to a variety of research tools and methods.

First Year Seminar Policy for Transfer Students

Students who transfer to Appalachian State University with 0-29 semester hours and/or who enter Appalachian within one year of high school graduation will be required to take UCO 1200 (First Year Seminar) or its equivalent.

Students who transfer to Appalachian State University at least one year after high school graduation and who have 30 or more semester hours of transferable work will be exempted from the First Year Seminar requirement. This may result in a reduction of 3 semester hours in the general education requirements for each of these students. If a student completes all other graduation requirements and falls short of the minimum number of hours for graduation, they will be required to make up the shortage of hours by completing other coursework.

Students who have earned 60 or more semester hours at any combination of institutions will not be allowed to enroll in UCO 1200. If a student with 60 or more semester hours wishes to enroll and has a pedagogically sound reason for wanting to do so, she or he may request permission to enroll in UCO 1200 from the Office of General Education.

For students affected by this policy, the Office of Transfer Articulation will add to the record of transfer work a course of UCO MET with a grade of CR. UCO MET will serve as an equivalent to UCO 1200 for purposes of major declaration and enrollment in RC 2001 (Introduction to Writing Across the Curriculum).

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Courses of Instruction - University College (UCO)

This catalog reflects fall and spring semester offerings. Go to www.summerschool.appstate.edu for courses offered in summer terms. (For an explanation of the prefixes used in the following courses, see the listing of Course Prefixes.)

UNIVERSITY COLLEGE (UCO)

UCO 1200. First Year Seminar (3).F;S.

GEN ED: First Year Seminar

The First Year Seminar (UCO 1200) provides students with an introduction to the four goals of a liberal education at Appalachian State University. Specifically, students will practice (1) thinking critically and creatively and (2) communicating effectively. In addition, students will be introduced to the learning goals of (3) making local-to-global connections and (4) understanding responsibilities of community membership. (Global Learning Opportunity course)

While each First Year Seminar course engages a unique topic examined from multiple perspectives, each course also introduces students to a common set of transferable skills. As such, First Year Seminar facilitates student engagement with: fellow students, the university, the community, and the common reading; essential college-level research and information literacy skills; and the habits of rigorous study, intellectual growth, and lifelong learning.

Note: UCO 1200 or an equivalent "First Year Seminar" course (such as HON 1515, Freshman Honors Seminar, or WRC 1103, Investigations: Local) is required of all freshmen completing General Education requirements. It is also required of all transfer students with less than 30 semester hours of transferable work or who graduated from high school less than one year before their matriculation date. Transfer students with 30-59 semester hours of transferable work are eligible to enroll, but it is not required. Students with 60 or more earned hours are not eligible to enroll without permission from the Office of General Education.

UCO 2530-2549. Selected Topics (1-4).On Demand.

UCO 3520 Instructional Assistance. (1). F;S.

A supervised experience in the instructional process on the University level through direct participation in a classroom situation. Graded on an S/U basis. Prerequisite: junior or senior standing or permission of instructor. May be repeated for a total credit of three semester hours.

Courses of Instruction - University Studies (US)

This catalog reflects fall and spring semester offerings. Go to www.summerschool.appstate.edu for courses offered in summer terms. (For an explanation of the prefixes used in the following courses, see the listing of Course Prefixes.)

UNIVERSITY STUDIES (US)

US 1001. College Success Seminar (2).F.

This survey course provides opportunities to identify, discuss, and practice a variety of strategies to foster success in college, including information on campus resources and opportunities. Direct instruction in study strategies is combined with reflective activities on personal goals, interests, and learning preferences. Students may not earn credit for both US 1001 and US 1002.

US 1002. Academic Strategies (3).SS.

In addition to what is covered in US 1001, this course includes applied practice with study strategies, effective use of online resources for research and writing, academic integrity topics, and presentation skills. Students may not earn credit for both US 1001 and US 1002.

US 1530-1531. Selected Topics (1-4).F;S.On Demand.

US 2000. Time Management in College (1).F;S.

This class provides opportunities to identify and practice skills that college students use to set goals, manage time, keep up with assignments, take notes effectively, study efficiently, and manage procrastination.

US 2001. Effective Study Skills (1).F;S.

This course provides students with opportunities to identify effective and efficient ways to work with textbooks, master complex material, structure review sessions, and address different learning styles with a focus on the student's individual needs.

US 2500. Independent Study (1-4).F;S.

US 3500. Independent Study (1-4).F;S.

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US 3520. Instructional Assistance (1).F;S.

A supervised experience in the instructional process on the University level through direct participation in a classroom situation. Graded on an S/U basis. Prerequisite: junior or senior standing. May be repeated for a total credit of three semester hours.

US 3530-3549. Selected Topics (1-4).F;S.On Demand.

US 3800. International Study (12).F;S.

A course title for Appalachian students studying abroad within an approved exchange program. Course title is restricted to students approved by the Director of International Programs. Students will complete courses overseas and transfer work into appropriate Appalachian credits within one semester upon return. May be repeated once. (MULTI-CULTURAL)

US 4559. Wilderness Education Practicum (4).F;S.

Through wilderness challenges supervised by an Outward Bound School or the Wilderness Center at the University, the student will have the opportunity to learn such skills as bicycle touring and rockclimbing or ski mountaineering and primitive caving. The goals of this course will be centered around encouraging self-awareness and personal responsibility, developing a sense of conscience and competence, stimulating awareness of nature and human relationships and integrating all aspects of one's personal life. Graded on an S/U basis.